



ITS ALL OVER!

Northbrook March Challenge Two Hairy Tortoise !! Run as far as you can in 40-minutes

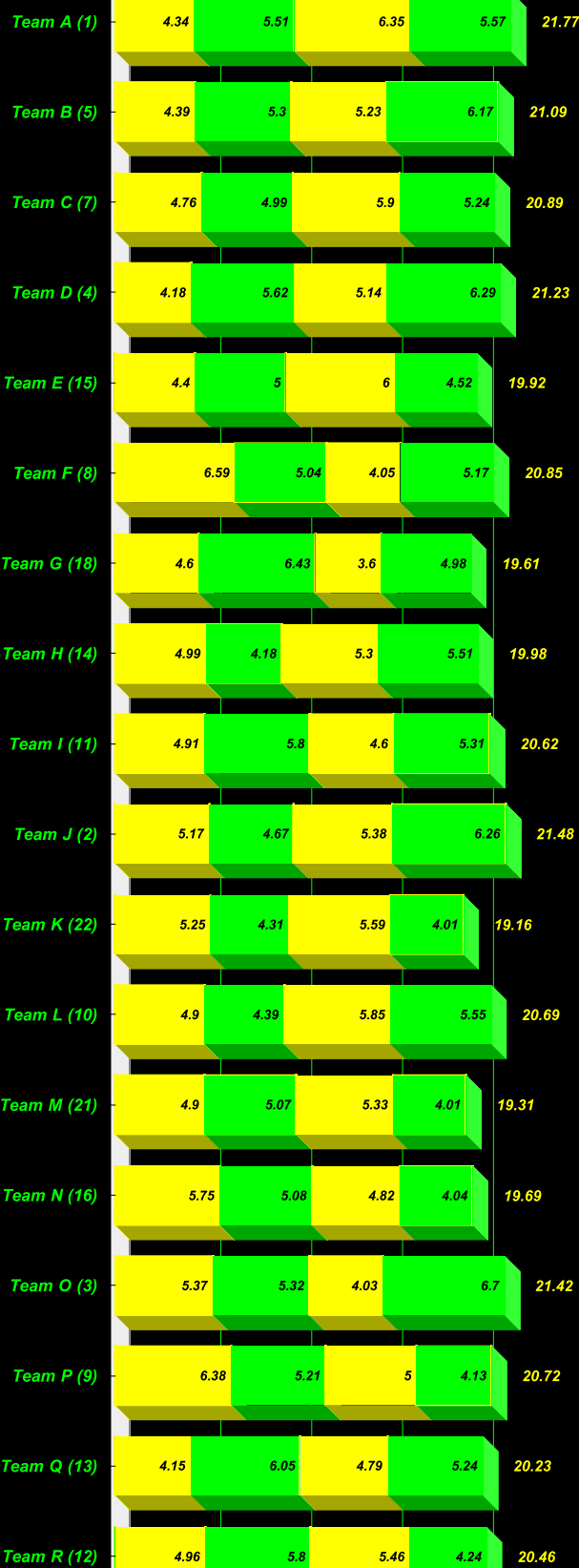
40 Minute Relay - Teams of 4
Leg 4 - Sat 27th to Wed 31st March

To check out Runners Route details - see Latest Results



Team Name	Name	Time (40 mins)	Submission 1		Submission 2		Best Run Distance	Rank
			Distance	Pace	Distance	Pace		
Team A	Alan Hewitt	00:40:00	4.34	09:13			4.34	
	Megan Miller	00:40:00			5.51	07:16	5.51	
	Stuart Pearman	00:40:08	5.34	07:30			5.34	
	Terry Moynihan	00:40:00	5.57	07:12			5.57	
Team A Total			6.35	06:18	5.51	07:16	21.77	1
Team B	Catherine Shepherd	00:40:02	4.39	09:07			4.39	
	Enya Tabram	00:40:01			5.3	07:33	5.3	
	Pete Stafford	00:40:09	6.17	06:30			6.17	
	Peter Kirkhope	00:40:02	5.23	07:39			5.23	
Team B Total			6.17	06:30	5.3	07:33	21.09	5
Team C	Charlotte Mills	00:40:01	4.76	08:24			4.76	
	Kevin Coughlan	00:40:00	4.93	08:07	4.99	08:01	4.99	
	Mark Baker	00:40:00	5.81	06:53	5.9	06:47	5.9	
	Tim Hughes	00:40:00	5.23	07:39			5.23	
Team C Total			5.24	07:39	5.9	06:47	20.89	7
Team D	Chris Archer	00:40:02	4.18	09:35			4.18	
	Richard Gould	00:40:00	5.14	07:47			5.14	
	Rob Cox	00:40:00	5.62	07:07			5.62	
	Thomas Mitchell	00:40:00	6.29	06:22			6.29	
Team D Total			6.29	06:22			21.23	4
Team E	Fraser Barrett	00:40:00	4.4	09:05			4.4	
	Louise Myers	00:40:00	5	08:00			5	
	Steve Turvey	00:40:01	6	06:40			6	
	Tori Boyle	00:40:04	4.52	08:52			4.52	
Team E Total			6	06:40			19.92	15
Team F	Chris Goodman	00:40:00	6.59	06:04			6.59	
	Claudie Combelas	00:40:00	5.04	07:56			5.04	
	Graeme Brannen	00:40:02	4.05	09:53			4.05	
	Simon Aldridge	00:40:02	5.17	07:45			5.17	
Team F Total			6.59	06:04			20.85	8
Team G	David Tittle	00:40:00	4.6	08:42			4.6	
	Emma Vardy	00:40:05	4.98	08:03			4.98	
	Jason Brannigan	00:39:59			3.6	11:06	3.6	
	Mike Wheeler	00:40:00	3.23	12:23			3.23	
Team G Total			6.21	06:26	6.43	06:13	19.61	18
Team H	Allison Smith	00:40:04	4.99	08:02			4.99	
	Jeannie Noonan	00:40:02			4.17	09:36	4.17	
	Spencer Davies	00:39:59	4.18	09:35			4.18	
	Stephen Simpson	00:40:00	5.51	07:15			5.51	
Team H Total			5.3	07:33	4.17	09:36	19.98	14
Team I	Andy Scruton	00:40:01	4.91	08:09			4.91	
	Craig Slyde	00:40:01	5.8	06:54			5.8	
	Jenna Davies	00:40:01	4.6	08:42			4.6	
	Mark Aldridge	00:40:04	5.31	07:33			5.31	
Team I Total			5.8	06:54			20.62	11
Team J	Fern Kenny	00:39:57	5.17	07:44			5.17	
	Joanne Evans	00:40:14	4.67	08:37			4.67	
	Lisa Bragg	00:40:01	5.19	07:43	5.38	07:26	5.38	
	Natasha White	00:40:00	6.26	06:23			6.26	
Team J Total			6.26	06:23	5.38	07:26	21.48	2
Team K	Jamie Gould	00:40:02	5.25	07:38			5.25	
	Joanne Richards	00:40:00	4.31	09:17			4.31	
	John Allen	00:40:01	5.59	07:10			5.59	
	Paul Cooper	00:40:00	4.01	09:59			4.01	
Team K Total			5.59	07:10			19.16	22
Team L	Corinna O'Connor	00:40:00	4.9	08:10			4.9	
	Katherine Plunkett	00:40:00	4.39	09:07			4.39	
	Steve Bottomley	00:40:00	5.55	07:12			5.55	
	Will Carr	00:40:00	5.63	07:06	5.85	06:50	5.85	
Team L Total			5.63	07:06	5.85	06:50	20.69	10
Team M	Caroline Parkinson	00:40:02	4.7	08:31			4.7	
	Jessica Barry	00:40:00			4.9	08:11	4.9	
	Jonathan Seed	00:40:00	5.07	07:53			5.07	
	Liane Powell	00:40:06	5.33	07:30			5.33	
Team M Total			4.01	10:00	4.9	08:11	19.31	21
Team N	Ben Smith	00:40:01	5.75	06:58			5.75	
	David Mills	00:40:00	5.08	07:52			5.08	
	Lee Miller	00:40:00	4.82	08:18			4.82	
	Mya Richards	00:40:00	4.04	09:54			4.04	
Team N Total			5.75	06:58			19.69	16
Team O	Adrian Powell	00:40:05	5.37	07:28			5.37	
	Mickey Pearson	00:40:03	5.32	07:32			5.32	
	Pia Singh	00:40:00	4.03	09:56	3.89	10:17	4.03	
	Robin Aston	00:40:00	6.7	05:58			6.7	
Team O Total			6.7	05:58	3.89	10:17	21.42	3
Team P	Ben Waine	00:40:01	6.38	06:16			6.38	
	David Hadley	00:40:00	5.21	07:41			5.21	
	Lee Newark	00:40:01	5	08:00			5	
	Rachel Crilly	00:40:00	3.98	10:03	4.13	09:41	4.13	
Team P Total			6.38	06:16	4.13	09:41	20.72	9
Team Q	Jamie Beardmore	00:40:00	4.03	09:56			4.03	
	Jamie Gould	00:40:00			4.15	09:39	4.15	
	Paul Hutt	00:40:00	6.05	06:37			6.05	
	Richard Arnold	00:40:08	4.79	08:21			4.79	
Team Q Total			5.24	07:40	4.15	09:39	20.23	13
Team R	Kirstie Murray	00:40:05	4.96	08:05			4.96	
	Paul Robbins	00:40:01	5.8	06:54			5.8	
	Sarah Duffy	00:40:03	4.24	09:27			4.24	
	Tom Miller	00:40:00	5.46	07:20			5.46	
Team R Total			5.8	06:54			20.46	12
Team S	Mike Duggan	00:40:00	4.97	08:03			4.97	

Team Name (with current rank).



	Richard Bruce	00:40:01	6.36	06:18			6.36	
	Sara Phipps	00:40:01	4.85	08:15			4.85	
	Tony French	00:40:02	3.46	11:34			3.46	
Team S Total			6.36	06:18			19.64	17
Team T	Amy Burdis	00:40:00	5.44	07:21			5.44	
	Duncan Gordon	00:40:01	5.77	06:56			5.77	
	Kyle Beddoe	00:40:00	5.48	07:18			5.48	
	Tracey Jefferson	00:40:08	4.25	09:27			4.25	
Team T Total			5.77	06:56			20.94	6
Team U	Ellie Aldridge	00:40:01	4.72	08:29			4.72	
	Francis Mason	00:40:01	5.27	07:36			5.27	
		00:40:02			5.27	07:36	5.27	
	James Lacey	00:40:07	5.68	07:03			5.68	
	Tracey Williams	00:40:00	3.84	10:25			3.84	
Team U Total			5.68	07:03	5.27	07:36	19.51	19
Team V	Carolyn Hadley	00:40:00	4.5	08:53			4.5	
	Gavin Brockwell	00:40:01	4.75	08:25			4.75	
	Sean Duffy	00:39:58	5.95	06:43			5.95	
	Verity Crichton	00:40:02	4.24	09:27			4.24	
Team V Total			5.95	06:43			19.44	20

